Where does it go? Getting rid of 12 things in Massachusetts

The state rule, the legal destination, the cheap option, typical town fees and JunkRun's posted price. Checked November 2026.

Banned from the trash or restricted by the state | Household hazardous waste | Not banned: town bulky rules or hauler

Item and state rule	Legal destination	Free or cheap option	Typical town fee	JunkRun price in a job ($159 minimum job)
Mattress / box spring Banned from disposal since Nov 1, 2022; a mattress and a box spring each count as one piece	Town mattress program, retailer haul-away with a new mattress, or a mattress recycler	Retailer haul-away when a new mattress is delivered; donate only if clean and in good shape	$20-$65 per piece (Bedford $20, Winchester $30, Lynn $35 at the DPW, Reading $33 drop-off or $65 curbside, Wakefield $60, Melrose $40 drop-off on Saturdays April to December or $65 curbside); Winchester fees also need its $330 first resident permit	$89 twin, $99 full, $109 queen, $129 king; box springs $59-$99; recycling fee included
Couch / sofa Not banned; towns set bulky-item rules	Town bulky pickup, donation if clean, or transfer station	One bulky item a week is included in Waltham and Peabody; ReStore takes upholstered pieces that are not ripped, worn or dated (not sofa beds or slip-covered sofas)	$0-$50 (Medford $15, Lynn $20, Winchester $20, Melrose $50 regular sofa); Winchester fees also need its $330 first resident permit	$139 sofa, $69 chair, $89 loveseat, $189 sleeper
TV / monitor Cathode ray tubes (CRTs) are banned from disposal; flat screens are not on the state list but towns collect them as e-waste	Town e-waste drop-off or scheduled pickup	Saugus CHaRM Center takes TVs and CRT monitors free (open until early December; 2026 closing Dec 12)	Free-$42.85 (Melrose $20 drop-off or $30 curbside, Peabody $20, Stoneham $20, Winchester $10-$25 by size, Medford $42.85); Winchester fees also need its $330 first resident permit	$59 flat screen, $99 tube (CRT) TV
Refrigerator / freezer / AC White goods are banned from disposal; refrigerant (Freon) must be recovered	Mass Save pickup for working units, town scheduled pickup, or transfer station	Mass Save: no-cost pickup plus a $75 rebate on a working, inefficient fridge or freezer (Eversource customers: pickup must happen by Dec 31, 2026; other utilities, check masssave.com); Boston collects up to 10 special items per year	$15-$30 (Winchester $15, Stoneham $20, Peabody $20, Saugus $20, Medford $27.85, Melrose $30; Boston lists no fee)	$149 fridge or freezer, $79 mini fridge or window AC; Freon recovery included
Washer / dryer White goods are banned from disposal	Scrap metal or town white-goods program; ReStore if working	ReStore lists washers and dryers under appliances less than eight years old, working	$10-$30 (Stoneham $10, Winchester $15, Peabody $20, Saugus $20, Medford $27.85, Melrose $30)	$119 each
Paint Dried latex paint can go in the trash; liquid and oil-based paint are household hazardous waste	Latex: dry it out, lid off, and trash it. Oil-based: town hazardous waste day	Dried latex in the trash is free (Reading, Melrose)	Free for dried latex; hazardous waste day fees vary (Lynn $43 up to 3 lb/gal, $55 up to 10, $85 up to 25)	Not taken; hazardous waste is never on the truck
Propane tank Hazardous; towns keep tanks out of the trash and send them to a drop-off or hazardous waste day	Town drop-off or hazardous waste day	Peabody's drop-off center accepts propane tanks; check your town	$5-$20 per tank where offered (Lynn $5 at the DPW, Melrose $8 and $20, Winchester $10 for 20 lb); Saugus's CHaRM Center does not take them; Winchester fees also need its $330 first resident permit	Not taken

Item and state rule	Legal destination	Free or cheap option	Typical town fee	JunkRun price in a job ($159 minimum job)
Tires Whole tires are banned from landfills (shredded tires are allowed)	Tire shop, town recycling center, or hazardous waste day	Saugus CHaRM Center, $3 each; Boston Zero Waste Day takes up to 8 car tires and 8 bike tires per resident, no fee listed (Nov 21, 2026)	$3-$15 per tire (Saugus $3, Melrose $4 for car or light-truck tires, Winchester $15 for 18 in. or less; Peabody takes tires at its Drop Off Center, fee not stated; Boston no fee listed); Winchester fees also need its $330 first resident permit	No posted price; text a photo
Hot tub No specific rule; metal and wood are on the state's landfill ban list	A crew that cuts it up and takes it to a C&D facility	Sell or give it away with the buyer hauling it	Not listed on a town page	$629, cut up and hauled
Piano Not on the state ban list	A piano mover, a donation program that inspects first, or a hauler that breaks it down	Ask a piano mover or donation program; they usually inspect first	Not listed on a town page	No posted price; text a photo
Carpet / rugs Not on the state ban list; towns set the terms	Cut, rolled and tied as a bulky item; transfer station for large rugs	Peabody takes 4-ft lengths as the weekly bulk item at no charge	$0-$40 (Saugus $2, Winchester $10, Medford $15, Lynn $20, Melrose $40); Winchester fees also need its $330 first resident permit	By the load: $209 quarter trailer, $159 minimum
Construction debris Banned from disposal: asphalt, brick, concrete, metal, wood and clean drywall	Contractor, dumpster, or a C&D facility; Winchester's station takes it by the ton	Donate intact materials to ReStore	$260 per ton (Winchester, resident permit); the other towns we checked do not take it	By the load: $209 quarter, $319 half, $409 three-quarter, $519 full trailer

JunkRun item prices apply within a job; every job has the $159 minimum. Fees change. Confirm with your town before you go.